How is your thought-life? Philippians 4:8-9

8 Finally, brethren, whatever is true, whatever is honorable, whatever is right, whatever is pure, whatever is lovely, whatever is of good repute, if there is any excellence and if anything worthy of praise, dwell on these things. 9 The things you have learned and received and heard and seen in me, practice these things, and the God of peace will be with you.

Philippians on how not to worry, and	erses 6-7, we talked about Paul's instruction of worry and existence of the best places in the Bible to	operiencing the JOY
Paul has told us what NOT to think al to think about?	bout—anxieties and worries—but what	at are we
whatever is true,		
true, Paul is calling us to dwell on the	of God as He has	Himself in His
whatever is honorable,		
	of God, the weighty ites Himself with, we feel a sense of _	
whatever is right (in the sense of Just	st),	
We are to dwell on God's He wants us toaboutways, He wants us to	; how everything He does Him and love righteousness a consider ways.	s is right and nd justice. In thinking
whatever is pure,		
moral that God e	, and expects of His people. When we think meet Him face-to-face someday, we s 	about
whatever is lovely,		
Lovely here means "the loveliness	or love-inspiring, or eliciting afforms of God extends our hearts out to Hin	ection. Thinking on n.
And can be lovely. The brothers or sisters in Christ has done	Take a minute, and just think of somet for that was	hing one of your

whatever is of good repute,		
We are to think and speakweach other.	words to one another, think about kind actio	ns toward
if there is any excellence		
Areté means moral excellence—goodne the in the situation to think a	ess, uprightness, in the general se about.	ense. Find
and if anything worthy of praise,		
This word <i>épainos</i> means appropriately	judged as deserving	
Of course, most often when the word pr referring to praising (Phil 1:1	raise is used in the New Testament, it's most 11, Eph 1:6, 12)	often
	will give in the Bema seat judgement o _ motive. It's far to receive p	
dwell on these things.		
on these things. Changing th	e taking these things into Continue the focus of our thoughts toward the beauty the the way Jesus wants use	hings will
A benchmark for thoughts that come to But in order to accomplish this transform bring about, it takes some	mation of our thought life that the Holy Spiri	t wants to
Think of Philippians 4:8 as a kind of that come into our head.	checking the of	thoughts
YOU want me to think about. Romans 1	to God and say, I want to think about the thin 12:2 Do not conform to the pattern of this wur mind. Then you will be able to test and apand perfect will.	orld, but
-	e destroying speculations and every lofty th we are taking every thought captive to the o	_

9 The things you have learned and received and heard and seen in me, practice these things, and the God of peace will be with you.

learned
Paul is calling on them to come to that this is the way to experience the true peace of God.
Received
Paul is calling us towhat he has said:it to our lives.
and heard
Paul is calling us not just to hear, as in in one ear and out the other, but to to what he's saying.
or seen in me.
Paul is once again calling for them to follow the that they have seen in him.
practice these things
The commitment of our thought-life to God is not something that can be accomplished overnight, but if we have the to sanctify our thought-life to God, the Holy Spirit w help us.
God of peace will be with you
If we will give over our thought-life to God, not only will we receive the peace of God, as it promises in Philippians 4:7, but more than that we will walk closer with the God of
Jehovah, the Lord our Peace (Judges 6:24).